

## **Press Release on World Health Day**

WBCPCR has decided to observe the World Health Day on 7th April online. The Commission will upload audio & video messages of psychiatrist, paediatrician, counsellor, psychologist and other professionals of related fields on the website ([www.wbcpcr.org](http://www.wbcpcr.org)) tomorrow. These experts will give tips to the children on how to tackle their health problem and stay healthy and safe at home during this period.

Please find the Doctors & experts' list & issues on which they will talk.

WBCPCR

6 April, 2020

<b>SI No.</b>	<b>Doctor's Name</b>	<b>Specialization</b>	<b>Topic</b>
1	Dr. Rima Mukherjee	Psychiatrist	Managing ADHD
2	Dr. Arabinda Brahma	Psychiatrist	Adolescent Isolation and hygiene
3	Dr. Kumar kanti Ghosh	Psychiatrist	Asthma and Psychosomatic symptoms
4	Yashabanti Sreemany	WBCPCR member and counsellor	Family violence and effect on children
5	Dr. Abhiruchi chatterje	Psychiatrist	Childhood , Teenage Anxiety during Covid 19
6	Suvana Sen	Psychologist	Parental role on channelizing energy
7	Dr. Nilanjan Ghosh	Paediatrician	How to maintain new born and toddler hygiene
8	Dr. Shamik Ghosh	Paediatrician	Advantages or disadvantages of postponing vaccine during Covid 19
9	Dr. Jaydip Basu	Gynaecologist	Childhood , adolescent obesity and related problem
10	Dr. Nilanjana Sanyal	Counsellor	Nightmare and sleep difficulties
11	Paromita Chowdhury	Counsellor	Nurture extra-curricular activities
12	Suparna Rudra	Counsellor	To accept present situation
13	Dr. Reshmi Dutta	Counsellor	Food and Mood
14	Dr. Subhro jyoti Mukherjee	Counsellor	Challenging obsessions
15	Swapnaja	Counsellor	Talk on to stay happy
16	Anindita Mukherjee	Counsellor	Parental role on accepting children as they are
17	Susmita Mukherjee	Counsellor	Staying home and Online addiction
18	Sreeja Sethia	Counsellor	Confinement and depression
19	Sriya Satuluri	Counsellor	Confinement and Anger
20	Ipshita Mukherjee	WBCPCR Consultant & DMT Practitioner	Dance Movement Therapy